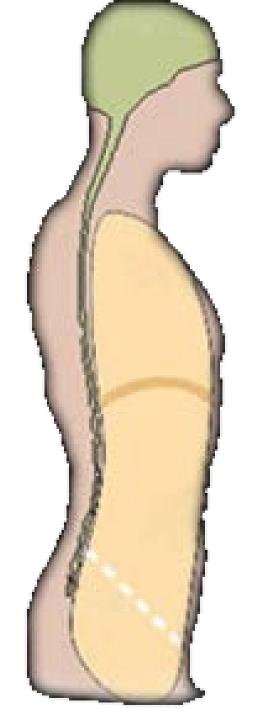
## Anterior Abdominal Wall

Prof. Oluwadiya KS www.Oluwadiya.com



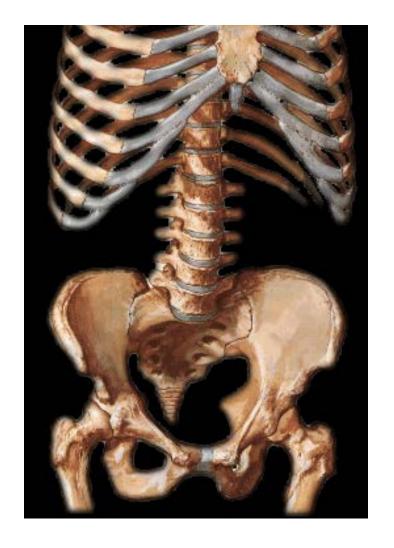


## **Abdominopelvic Cavity**

- Abdominal Cavity
- Pelvic Cavity

#### Abdomen

 Extends from the inferior margin of the thorax to the superior margin of the pelvis and the lower limb



### The abdominal wall

- Two parts
  - i. Bony
  - ii. Muscular

### The skeletal abdominal wall

- Posteriorly: Five lumbar vertebrae and their intervening intervertebral discs
- Inferiorly: The superior expanded parts of the pelvic bones (Iliac wings)
- Superiorly: Bony components of the inferior thoracic wall including the costal margin, rib XII, the end of rib XI and the xiphoid process

### The muscular abdominal wall

#### Posteriorly:

 Lateral to the vertebral column: Quadratus lumborum, psoas major, and iliacus muscles

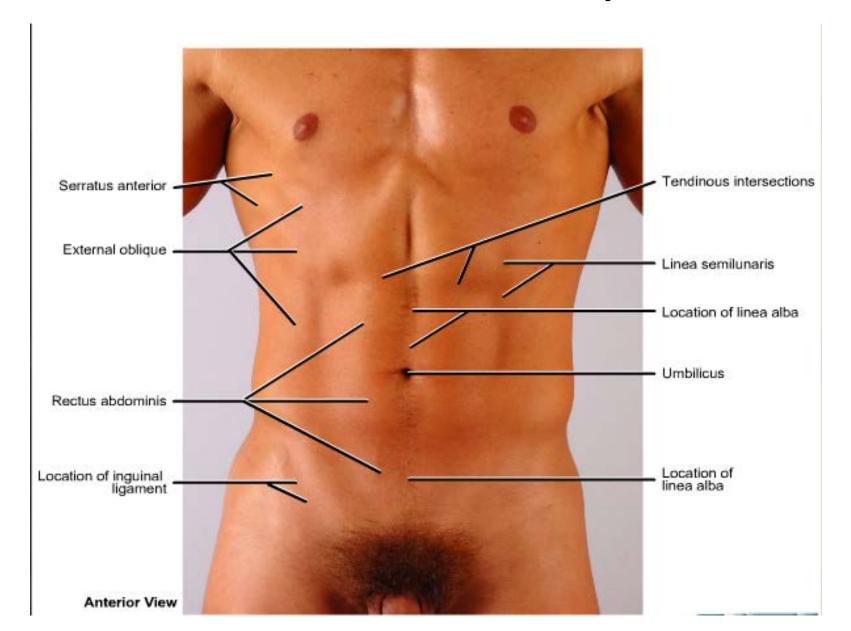
#### Laterally:

Transversus abdominis, internal oblique, and external oblique

#### Anteriorly:

- Rectus abdominis
- The muscles are reinforced by strong fascia and aponeurosis

## **Surface Anatomy**



#### Antrolateral Abdominal Wall

This extended from the thoracic cage to the pelvis and bounded:

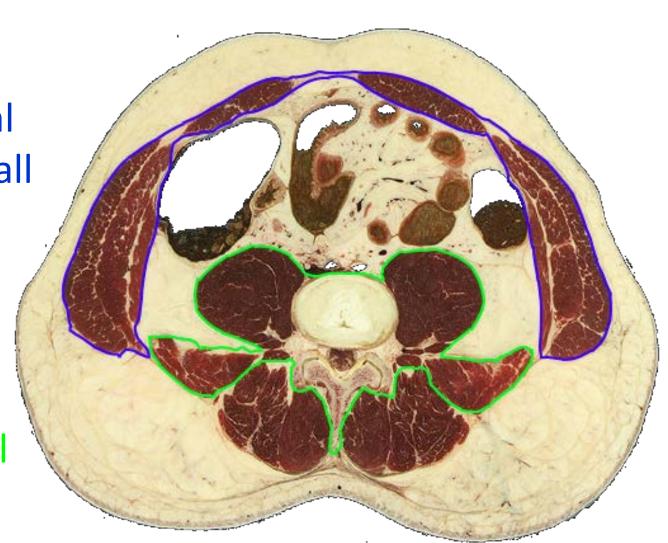
- Superiorly
  - 7<sup>th</sup> through 10<sup>th</sup> costal cartilages and and xiphoid process
- Inferiorly
  - Inguinal ligaments and the pelvic bones.

The wall consists of skin, subcutaneous tissues (fat), muscles, deep fascia and parietal peritoneum.

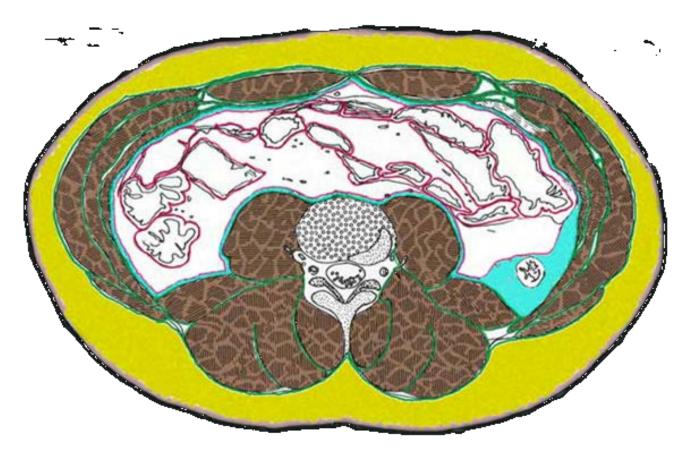
## Abdominal wall

Anterolateral abdominal wall

Posterior abdominal wall



## **LAYERS**



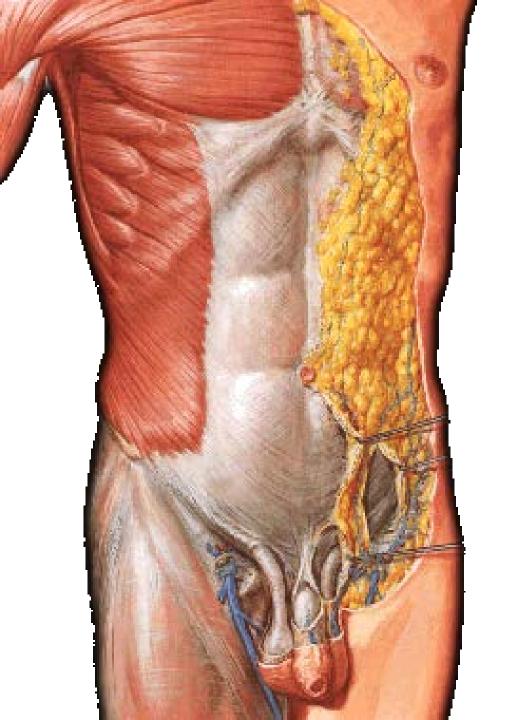
- Skin
- Superficial fascia
- Deep fascia
- Muscles

- Transversalis fascia
- Extraperitoneal fascia
- Peritoneum

#### Antrolateral Abdominal Wall

#### Fascia & Subcutaneous Tissues

- The subcutaneous tissues over most of the wall consists of layer of connective tissues that contains a variable amount of fat.
- In the inferior part of the wall, the subcutaneous tissue is composed of two layers
  - Fatty superficial layer (Camper's fascia)
  - Membranous deep layer (Scarpa's fascia)



## Superficial fascia

- Camper's fascia
- Scarpa's fascia

#### **MUSCLES**

## Anterior Group

Lateral Group



Two Vertical Muscles



Three Flat Muscles with strong sheet-like aponeurosis



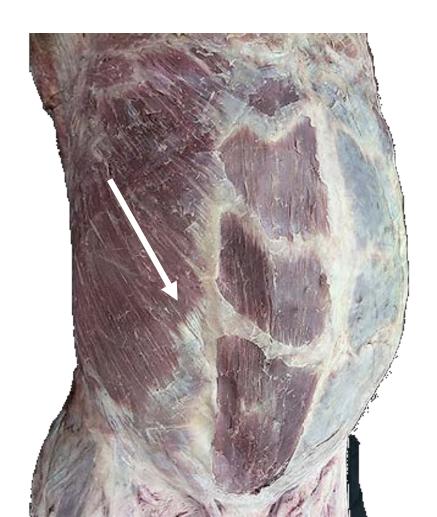
- ·Rectus Abdominis
- ·Pyramidalis

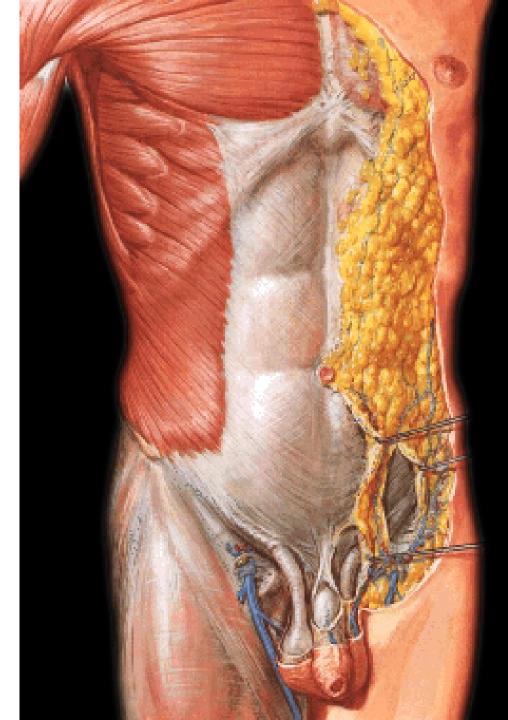
- ·External Oblique
- ·Internal Oblique
- Transversus

## External oblique

Origin	Insertion	Innervation	Function
Muscular slips from the outer surfaces of the lower eight ribs (ribs 5-12)	Lateral lip of iliac crest; aponeurosis ending in midline raphe (linea alba)	Anterior rami of lower six thoracic spinal nerves (T7 to T12)	Compresses abdominal contents; both muscles flex trunk; each muscle bends trunk to same side, turning anterior part of abdomen to opposite side

# External Oblique



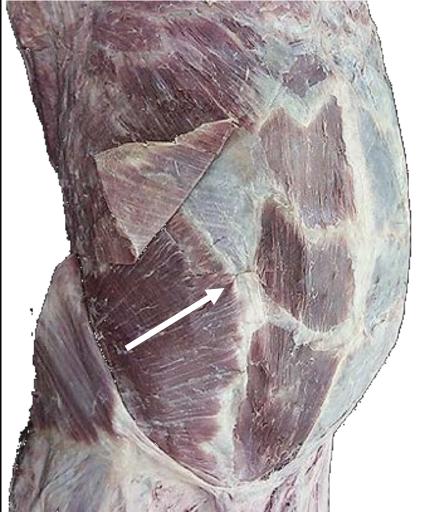


## Internal oblique

Origin	Insertion	Innervation	Function
Thoracolumbar fascia; iliac crest between insertion of external oblique and insertion of transversus abdominis; lateral two-thirds of inguinal ligament	Inferior border of the lower three or four ribs; aponeurosis ending in linea alba; pubic crest and pectineal line	Anterior rami of lower six thoracic spinal nerves (T7 to T12) and L1	See External Oblique



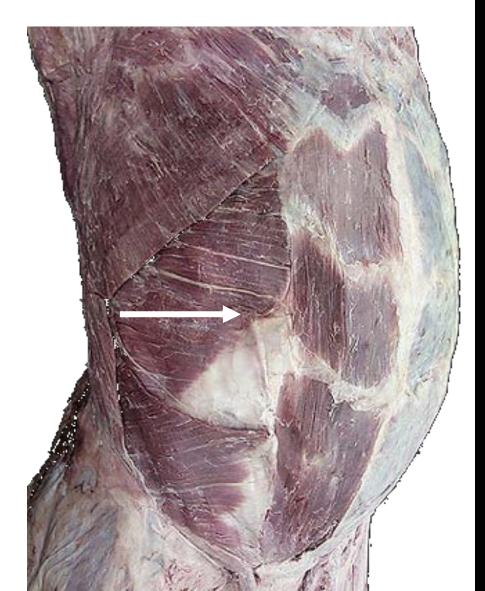
## Internal Oblique

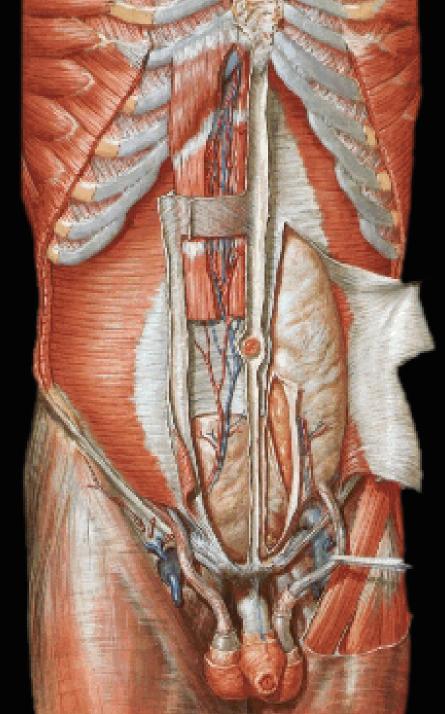


## Transverse abdominis

Origin	Insertion	Innervation	Function
Thoracolumbar fascia; medial lip of iliac crest; lateral one-third of inguinal ligament; costal cartilages lower six ribs (ribs 7-12)	Aponeurosis ending in linea alba; pubic crest and pectineal line	Anterior rami of lower six thoracic spinal nerves (T7 to T12) and L1	Compresses abdominal contents

## Transversus Abdominis





## Rectus abdominis

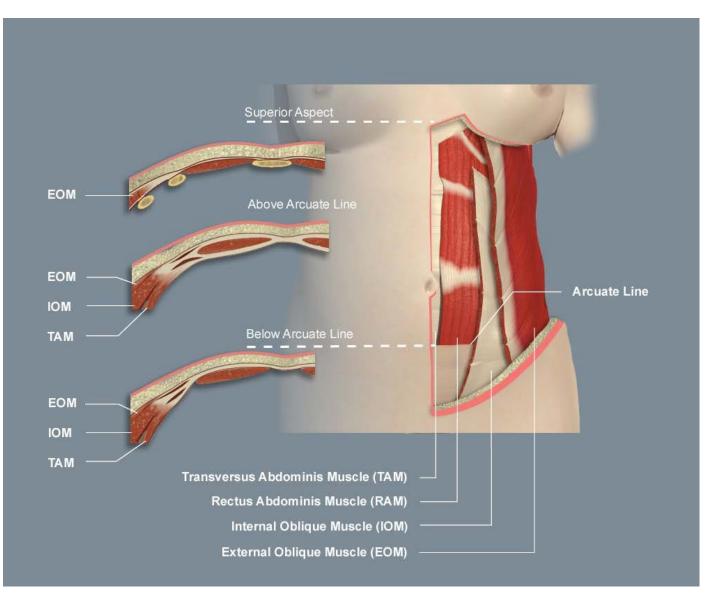
Origin	Insertion	Innervation	Function
Pubic crest, pubic tubercle, and pubic symphysis	Costal cartilages of ribs 5-7; xiphoid process	Anterior rami of lower seven thoracic spinal nerves (T7 to T12)	Compress abdominal contents; flexes vertebral column; tenses abdominal wall



## RECTUS ABDOMINIS

- TendinousIntersection (3)
- Linea Semilunaris

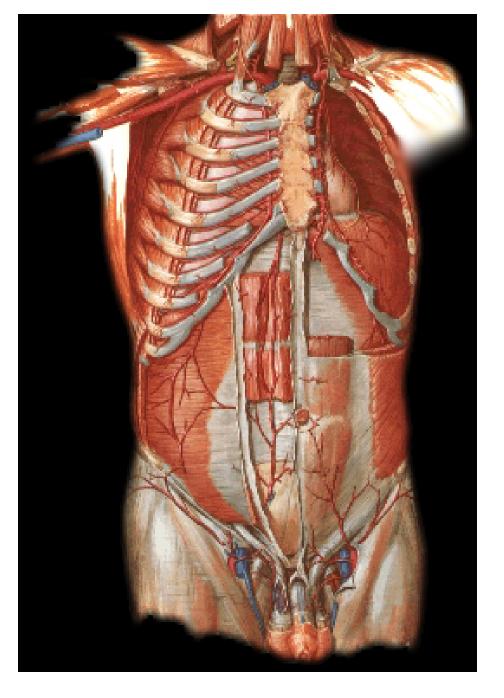
### The rectus sheath



**Arcuate line**: is the lower border of the posterior aponeurotic part of the rectus sheath. The inferior epigastric artery and vein enter the sheath, pass upwards and anastomose with the superior epigastric vessels.

# SUPERFICIAL ARTERIES

- Lateral
  - Posterior intercostal a.
  - Subcostal a.
  - Lumbar a.
- Median
  - Epigastric a.
  - hypogastric a.
- Inferior
  - Superficial epigastric a.
  - Superficial iliac a.





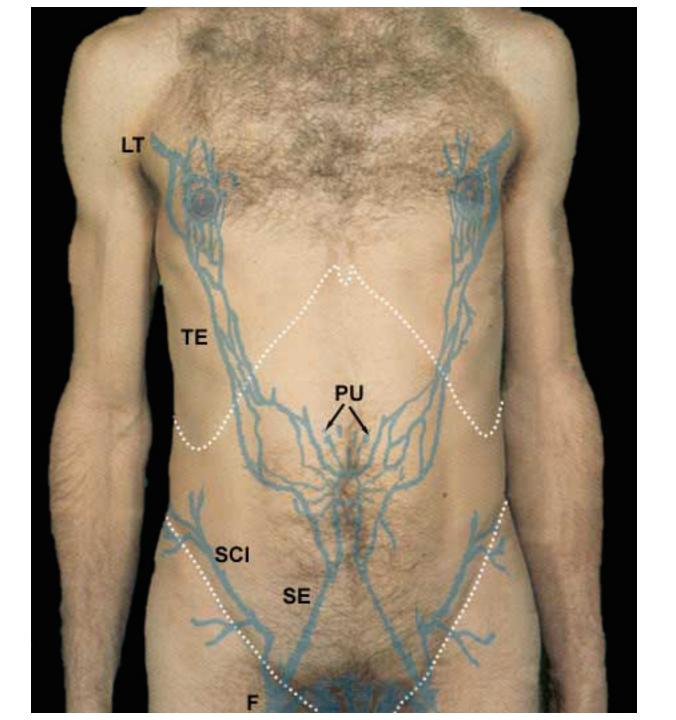


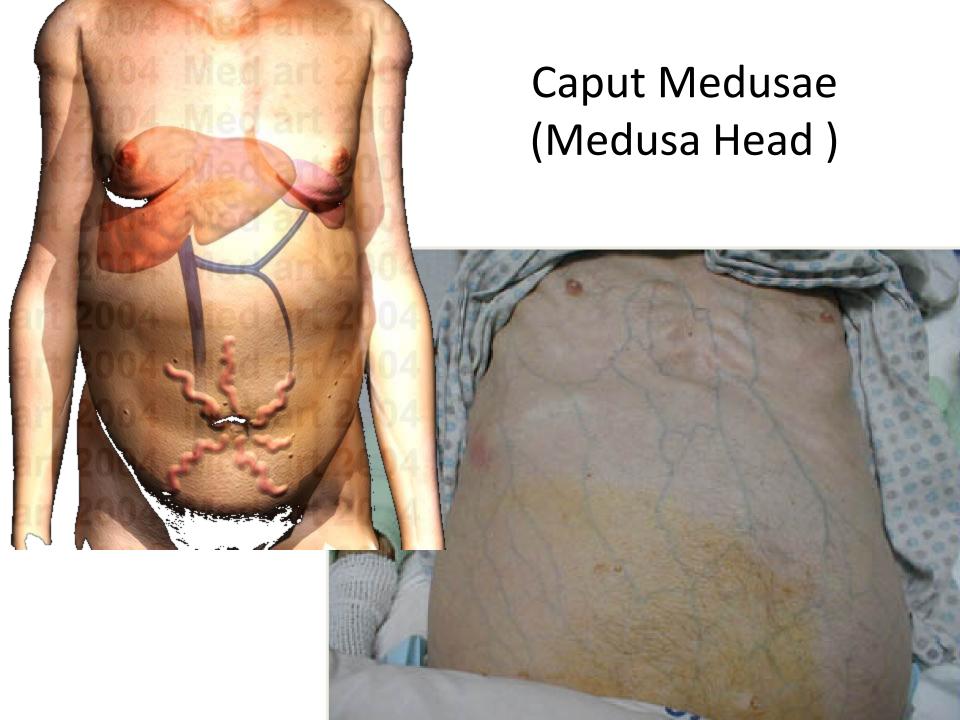
lateral thoracic—subclavian thoracoepigastric

paraumbilical — portal

Superficial epigastric

Superficial circumflex iliac —femoral





## Lymphatic Drainage

Anterior 

Intercostal Lymphatic Nodes

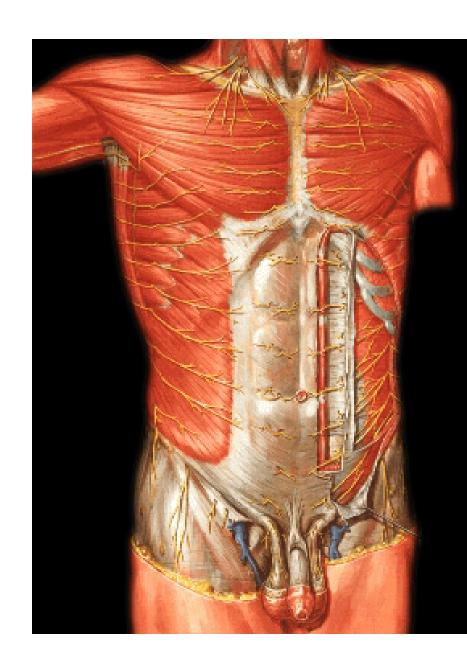
Parasternal Lymphatic Nodes

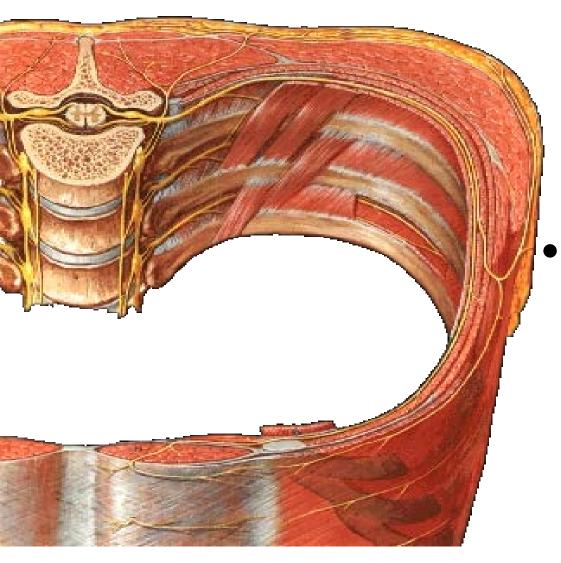
Middle → Lumbar Lymphatic Nodes

Lower → External Iliac Lymphatic Nodes

## **INNERVATIONS**

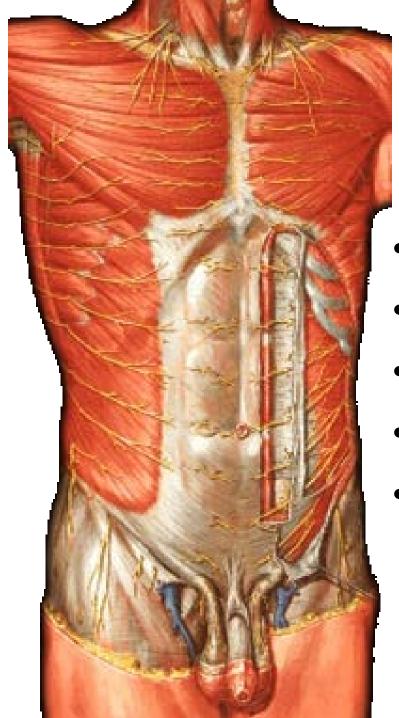
- Intercostal Nerves
   T7-T11
- Subcostal nerve (T12)
- L1





#### **Innervations**

- Intercostal n.
  - Anterior cutaneous branch
  - Lateral cutaneous branch



• T7-11: thoracoabdominal n.

• T12: Subcoastal n.

• Iliohypogastric n.

• Ilioinguinal n.

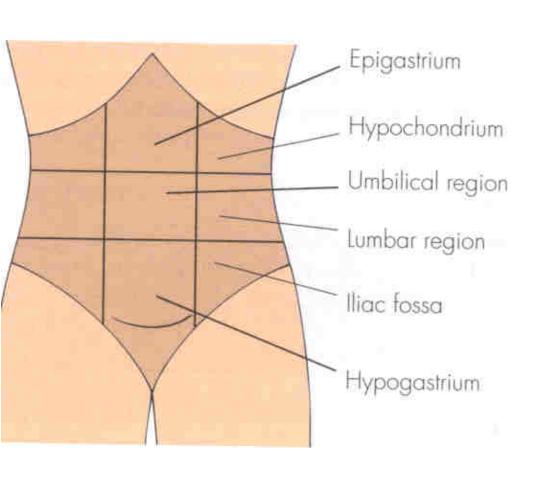
• Genitofemoral n **L1,2**.

L1

## Regions of the Abdomen

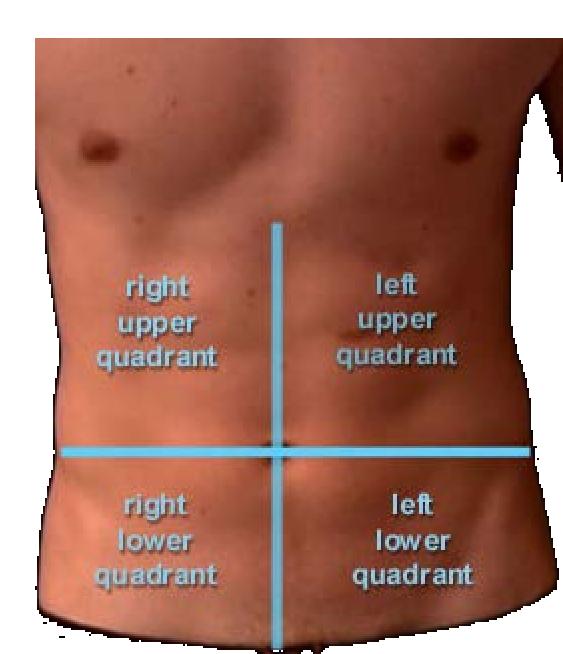
- Dividing the abdomen into regions helps in localization of abdominal signs and symptoms
- Two methods of dividing the abdomen into regions:
- Nine regions: By means of two vertical and two horizontal lines
- 2. Four Quadrants: By means of one vertical and one horizontal lines, both passing through the umblicus.

## Regions of the Abdomen



- Nine regions
- Divided by two horizontal lines:
  - i. Transpyloric line
  - ii. Trans tubercular(Trans-iliac) line
- Two Vertical lines
  - i. Rt. & Lt.Midclavicular lines

# Regions of the Abdomen II



# Anterior Abdominal Wall Functions

- Forms a strong expandable support.
- Protects the abdominal viscera from injury such as low below in boxing
- Compresses the abdominal content
- Helps to maintain or increase the intraabdominal pressure.
- Moves the trunk and help to maintain posture.

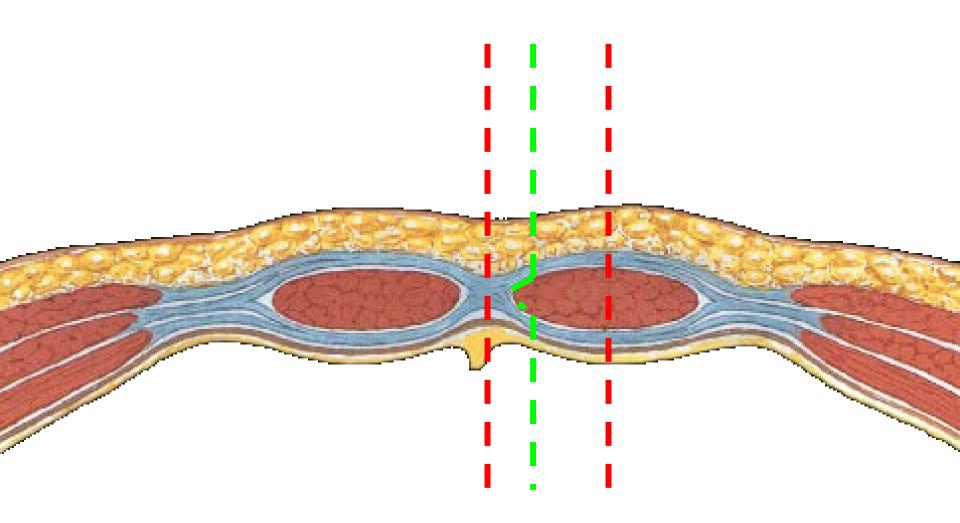
#### **Abdominal Incisions**

An incision is defined as a cut made with knife for surgical purposes.



## INCISIONS

- Longitudinal
  - Midline
  - Paramedian
  - Transrectal
- Oblique
  - Subcostal
  - McBurney's
- Transverse
  - Pfannenstiel
- Combined
  - Thoraco-abdominal



### Abdominal Hernia Orifices

- Hernia is defined as the protrusion of an organ through it's containing wall.
- Abdominal hernias occurs because of weaknesses in the abdominal wall

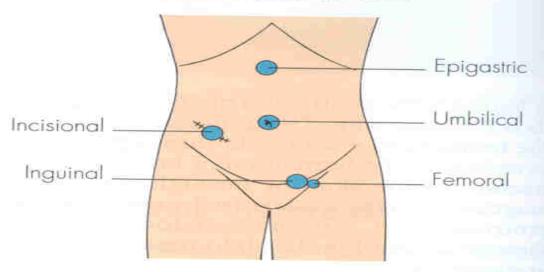
#### **Common Sites**

- Inguinal Hernia
- Umbilical Hernia
- Femoral Hernia
- Incisional Hernia

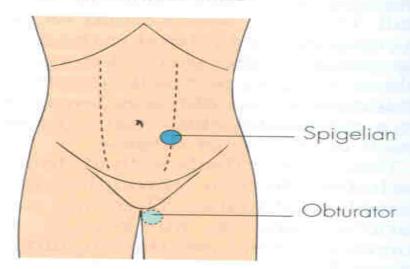
#### Less common Hernia

- Epigastric Hernia
- o Recurrent Hernia

#### The common herniae



#### The rare herniae



#### PLEASE JOIN THE FORUM AT <u>WWW.OLUWADIYA.COM</u> TO ASK QUESTIONS

